

Exclusive Tours from our trusted partner Tripsmiths



Explore the finest gardens of Cornwall and meet Helen Yemm

Discover the very best of the southwest’s subtropical and exotic gardens, and meet the gardening expert

Arthurian legends, picture postcard beaches and Atlantic surf. Cornwall is the county that has it all, and on this five-night escape, you’ll visit its finest estates and gardens and hear from a number of experts.

There are special guest appearances throughout the trip, including two days with the former *Thorny Problems* columnist for The Telegraph, Helen Yemm, and exclusive tours with head gardeners, who will offer unrivalled insight into the flora on display.

Over six days, you will visit Tregrehan Gardens, Antony Woodland Garden, Lamorran House Gardens, Tregothnan Garden and, in what’s sure to be a highlight, the Lost Gardens of Heligan.

On a final visit to the majestic Caerhays Estate, the castle’s owner, Charles Williams, who has spent years restoring the estate and gardens, will host an elegant champagne reception and dinner after you’ve toured the estate’s fine spring garden.

The four-star St Mellion Estate is a stylish base for the trip. This large resort has a restaurant and a spa.

DATES: SEPTEMBER 11–16, 2022

Six days from **£1,699pp*** for non-subscribers

WHAT'S INCLUDED

- ◆ Garden tours and exclusive Q&A with Helen Yemm
- ◆ Five nights' accommodation in the four-star St Mellion Estate
- ◆ Breakfasts, dinners, and most lunches included
- ◆ A champagne reception and dinner, hosted by Caerhays Castle owner, Charles Williams
- ◆ An introductory talk at Lamorran House Gardens by the owner and head gardener, followed by a tour
- ◆ A garden tour and Cornish cream tea at Tregothnan
- ◆ A guided tour of the port village of Boscastle and Padstow
- ◆ A visit to Tintagel Castle

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ABOUT THE EXPERT

Helen Yemm

Author and broadcaster

The writer of *The Telegraph's* gardening column for 20 years, Helen is a passionate gardener and author of several books, including *Gardening in Your Pyjamas*. Helen is a lecturer, teacher and broadcaster whose credits include the BBC's *Gardening from Scratch* and *Gardening Week*.



WHAT YOU'LL LOVE

Meet Helen Yemm

The Telegraph's former gardening expert, Helen Yemm, will give an exclusive talk and Q&A session for you and your fellow guests and will also accompany you during visits to Lamorran House Gardens and Tregothnan Garden.

Enjoy dinner with the owner of Caerhays Castle

While Caerhays Castle was officially passed to Charles Williams in 2019, he and his wife Lizzie have spent years transforming the castle since his father's illness. He will host an elegant champagne reception and dinner.

Explore exotic gardens

The Lost Gardens of Heligan began their development in 1766 on the site of the manor that had stood since the 13th century. They were lost during the First World War and restored throughout the 1990s. You'll also visit five other Cornish gardens.

WHERE YOU'LL STAY

St Mellion Estate

A four-star Cornish resort provides the ideal base for explorations across the county. The guestrooms are modern and stylishly appointed. And when there's a little downtime to enjoy, spend time in the Elemis spa or on the Estate's Nicklaus Signature Course golf course.



WHAT YOU'LL DO

Day 1 Arrive

Arrive at the St Mellion Estate and check in. Tonight, dinner is included in the hotel's restaurant.

Day 2 Tregrehan Garden, Antony Woodland Garden

After breakfast, you'll head to Tregrehan Garden in St Austell. This temperate rainforest is considered one of the best collections of species in the country. Lunch is served at Wilcove Inn in Torpoint – a gastropub nestled in its own cove on the Tamar River. You'll visit Antony Woodland Garden in the afternoon, where the head gardener

will accompany you and light refreshments will be provided. At the hotel, your evening begins with a drinks reception hosted by Helen Yemm, followed by dinner.

Day 3 Lamorran House Gardens, Tregothnan Garden

Today, Helen will join you for two garden tours. A morning visit to the subtropical Lamorran House Gardens on the glorious Roseland peninsula starts the day filled with Italianate-inspired flora. There's an introductory talk and a tour with the owner and head gardener, offering a fascinating insight into the

exotic and eclectic gardens. There will be a lunch stop on the way to Tregothnan Garden, where the head gardener will join you for another tour. Tregothnan features the world's largest camellia maze which is in full bloom during spring. After exploring the gardens, Cornish cream tea is served, featuring tea grown in the gardens. Later, Helen will give a Q&A at the hotel.

Day 4 Boscastle, Tintagel Castle, Padstow

Boscastle is set on a narrow ravine with a natural harbour. After a guided tour you'll head to Tintagel Castle. Built

half on the mainland and half on a jagged headland, Tintagel Castle is one of Britain's most spectacular historic sites, thanks to its association with King Arthur. But its history stretches back centuries before the first tales of the legendary king. A guided tour of Padstow rounds off a wonderful day. Glorious sandy beaches surround this charming working fishing port.

Day 5 Lost Gardens of Heligan, Caerhays Estate

A visit to the sensational Lost Gardens of Heligan is in store today. Enjoy a home-cooked lunch in the

Heligan Kitchen before the head of gardens and estates joins you for a tour of these incredible gardens that were only rediscovered 30 years ago, having been lost to brambles and ivy from 1914. The highlight of the trip is next. After exploring the magnificent grounds at Caerhays Estate, there's a superb champagne reception, canapés, and dinner at Caerhays Castle with a welcome talk from the owner, Charles Williams.

Day 6 Depart

There's a final breakfast before you depart from St Mellion Estate this morning.

About the partner

TS Tours Ltd is the UK's leading specialist in creating bespoke tours, cruises and rail journeys in the company of experts. Its exclusive trips combine unique experiences as well as access to inspirational people. All trips are ATOL-protected and financially bonded.



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